



YOUR PATIENT'S RESULTS

Before starting therapy my child.....

Would have 4-6 "meltdowns" per week that involved crying, screaming, kicking and would last anywhere from 2-4 hours. She also struggled with knowing how to self regulate when she was over or under stimulated. She had a hard time focusing in school and knowing how to appropriately interact with peers her own age. It was very common for her to end up crying and state she had no friends and they hated her.

Now my child.....

Will occasionally have a "meltdown", 1-3 times a month! In addition they usually only last 30 min - 1.5 hrs! She now knows that she craves movement and has several ways to achieve this and seeks those activities on her own. She very rarely resists when told she needs quiet time to "re-center" and states that makes her feel better. She now has techniques that she uses in the class room to focus including, gum chewing, a therapy ball, and privacy folders. Issues with friends is still a battle but instead of everyday it is only a few times a week!

This therapy has totally changed how our family interacts with our daughter and she is much happier!